

# Preventive Services Guidelines

## Childhood Immunizations and Screenings 3 – 10 Years Old



Aetna adopts clinical preventive services recommendations from federal agencies and medical professional organizations. These include the U.S. Preventive Services Task Force (USPSTF) <http://www.ahrq.gov/clinic/prevenix.htm>, the National Cancer Institute (NCI) <http://www.cancer.gov/cancertopics/screening> for preventive screenings, and the Centers for Disease Control and Prevention (CDC) <http://www.cdc.gov/nip/ACIP/default.htm> for immunizations. In the absence of a definitive recommendation from these sources, we recognize recommendations from other nationally recognized sources, such as the American Cancer Society (ACS).

This document summarizes general immunization and screening guidelines for children ages 3 to 10 years old. These preventive services guidelines are recommended for healthy children for the prevention and early detection of certain conditions and diseases. Patients with high-risk conditions are encouraged to talk with their health care provider about the guidelines to determine what is appropriate for their individual needs. You'll find full content of the guidelines through the website links provided.

Full content of the immunization guidelines can be found at <http://www.cdc.gov/nip/recs/child-schedule.htm>. Full content of screenings can be found at <http://www.ahrq.gov/clinic/prevenix.htm>.

### IMMUNIZATION/SCREENINGS (3 – 10 YEARS)

### ADMINISTRATION

**Diphtheria, Tetanus and  
Acellular Pertussis (DTaP)**

1 Dose — between 4 – 6 years old

**Polio (IPV)**

1 Dose — between 4 – 6 years old

**Measles, Mumps and Rubella (MMR)**

1 Dose — between 4 – 6 years old

**Varicella-Zoster (Chicken Pox)**

1 Dose — anytime for child without a history of chicken pox or previous immunization

**Height and Weight**

Periodically — between 3 – 10 years old

**Vision**

Periodically — younger than 5 years old

The guidelines are provided for informational purposes only and are not intended to direct coverage or benefit determinations, nor are they intended to direct treatment decisions.

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